

FOOD RESERVES

VOLUME
1

THE FORECASTS



POLITICAL
UNCERTAINTY



ECONOMIC
INSTABILITY



SUPPLY CHAINS
AT RISK



SOCIETAL
CHANGES



KNOWLEDGE
THAT **EMPOWERS**
YOU TO ACT



UNDERSTAND



PREPARE



PRESERVE FREEDOM

Food Reserves

The Forecasts | Vol. 1

Food Reserves | The Forecasts

Volume 1

*Emergency Supplies, Crisis Preparedness and
Food Storage – Why Preparation Makes Sense*

Gabriel Francis Tonleu

Food Reserves | The Forecasts

Volume 1

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Table of Contents

① A Fully Stocked Supermarket Can Empty Faster Than You Think.....	p. 5
② The Time Has Come to Think About Food Reserves.....	p. 10
③ Preparing for a Possible Economic Crisis.....	p. 13
④ Preparing for a Possible Social Crisis.....	p. 25
⑤ Conclusion.....	p. 44
⑥ About the Author One Person. One Tree.....	p. 50
⑦ About This Book.....	P. 55
⑧ Other Booklets and Projects.....	p. 59

③

Preparing for a Possible Economic Crisis.

Dear Reader, there are more than 300 reasons why you should build food reserves. One of them is preparing for a possible future economic crisis.

We are all familiar with economic crises. However, the next crisis could surpass anything we have experienced so far.

The problem lies within our monetary system.

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About This Book

A full supermarket can empty faster than most people think.

This book explores the economic and social developments that are currently leading more and more people to build food reserves and emergency supplies.

It was not written to create fear. Quite the opposite. It was written to make complex developments easier to understand and to encourage reflection.

Most people believe that fully stocked supermarket shelves are something normal.

They never were.

In 2008, a first wave of people began to rethink their assumptions.

In 2020, another wave followed.

Since 2025, a new development has emerged, raising the same question once again:

Is the food supply of our supermarkets really so stable that it is not even worth taking a closer look?

Could instability around the world affect the availability of food?

This book examines developments, connections, and patterns. It shows that full supermarkets are anything but guaranteed.

Why are more and more countries building their own emergency reserves?

Why are governments suddenly recommending that citizens store supplies?

Why are more and more experts talking about supply chains, emergency preparedness, and resilience?

Why is all of this happening at the same time — and why now?

What information do governments have that leads them to take such measures?

The answers begin on the very first pages of this book.

What you do with that information is now up to you.

 Now you know.

⑧

Other Booklets and
Projects.

“La Remontada”

The Great Comeback for Humanity and Nature.

“Once Upon a Time, Gold”

A journey through the history of money and why buying gold may not be the solution during a major crisis.

“Once Upon a Time, Crypto”

The rise of a new digital world and why cryptocurrency may not be the best alternative in an era of complete digitalization.

“Once Upon a Time, Real Estate”

Why houses, land, and property shape our world and why they may not provide the answers during times of major change.

“The Manifesto”

A vision for the future.

“One Person. One Tree.”

8 Billion People. 8 Billion Trees.

The full edition of *Food Reserves / The Forecasts - Volume 1* is available at francis-tonleu.org.